



The Royal Australasian  
College of Physicians



## **WELCOME PACK FOR ADVANCED TRAINEES IN GERIATRIC MEDICINE**

Dear Trainees

The following 'Welcome Pack' is designed for Advanced Trainees commencing or continuing training in Geriatric Medicine into 2012 and beyond, containing the essential information you need to complete your training!

By now you will have registered with the RACP as an advanced trainee in geriatric medicine, but you are also strongly encouraged that you apply for membership to the Australian and New Zealand Society for Geriatric Medicine, see website <http://www.anzsgm.org/>.

### **Advantages of joining ANZSGM**

Being a member of ANZSGM furthers your inclusion into a group of committed medical specialists focussed on improving the quality of life for older people. The society is active in lobbying for the most appropriate directions of aged care medical services and for improvement in professional needs of geriatricians.

The Society provides:

- ongoing support to achieve professional competencies
- advocacy on behalf of its members
- supervision in the training of specialist in Geriatric Medicine
- opportunities to become involved in leadership roles within the society and as a representative of the Society
- representation by the Society at Government planning and policy meetings
- support and promotes research in all aspects of ageing - service development, clinical practice and basic science

### **Benefits of joining:**

#### **Email alerts:**

You will regularly receive notices of employment opportunities, national and international conferences, local seminars, professional courses, information regarding State division meetings and events, awards, prizes and Fellowships that become available.

#### **Quarterly Newsletter:**

Our newsletter publishes a wide range of information of significance to Geriatric Medicine and aged care. It also provides an opportunity for members to contribute articles regarding their work and research or stories pertinent to their regional situation. Included is information regarding other publications; Position Statement updates; Division reports and meetings; employment updates; AT news and more.

#### **ANZSGM website:**

ANZSGM has a comprehensive website. The public pages provide a wealth of information including internationally recognized Position Statements endorsed by the society; extensive information for Advanced Trainees; employment opportunities; Conferences and seminars.



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The website provides a valuable links page to other national and international professional societies, research and educational institutions and papers. The Members-Only pages allow access to the Society's Annual General Meeting and reports; Division reports; ASM presentations; Advanced Trainee educational meetings and training guidelines; quarterly Newsletter; and member directory.

**ANZSGM Annual Scientific Meeting:**

The ASM location rotates around Australia and New Zealand. It is an opportunity to hear local medical and research professionals and international keynote speakers in Geriatric medicine and practice. There are plenary sessions, oral and poster presentations. The ASM provides a relaxed but professional environment for introductions to peers and colleagues. Presentation of Advanced Trainee Projects at the ASM is strongly encouraged.

**AJA:**

Your membership includes the quarterly membership to the Australasian Journal on Ageing to which ANZSGM is a regular contributor.

**Awards and Advanced Training assistance:**

ANZSGM members are eligible to apply for awards administered by the Society and Advanced Trainees are eligible to apply for assistance towards selected AT professional learning events.

**To join** you need to fill out the following form via the link below:

<http://www.anzsgm.org/documents/DRAFTApril2011ANZSGMapplicationformworddoc.pdf>

On the form you need to be proposed by a current full financial member of the ANZSGM. All your supervisors are members. Once you have joined the society and have paid the annual subscription you will be issued with a password for full access to the website.

For further details about joining contact Lynda Donaldson (admin@anzsgm.org), Administration Officer for ANZSGM, 145 Macquarie St, Sydney, NSW 2000, 02 9256 5460.

Good luck with training in 2011 and beyond.

Regards

Anthony French  
Advanced Trainee Representative 2011-2012  
to ANZSGM Federal Council  
amfrench@ozemail.com.au  
October 2011



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## OVERVIEW OF GERIATRIC MEDICINE TRAINING

Advanced training in Geriatric Medicine is a 3 year program, comprising 2 years core training and one year non-core training. Training in multiple locations over your three years is strongly encouraged.

For details on the RACP's current requirements for these 3 years see the Geriatrics Advanced Training page at <http://www.racp.edu.au/page/specialty/geriatrics>

- Further generic Advanced Training details can be found at <http://www.racp.edu.au/page/atp>

For further questions please contact the Education Officer to the STC in Geriatric Medicine:

- **Australia:** Phone:(02) 8247 6214 ([geriatrics@racp.edu.au](mailto:geriatrics@racp.edu.au))
- **New Zealand:** Phone:(64) 4472 6713 ([advancedtraining@racp.org.nz](mailto:advancedtraining@racp.org.nz))

## SUPERVISOR REPORTS

A fundamental principle of Advanced Training is that it is carried out under supervision. Trainees should nominate two supervisors for each year of training with whom they have a close working relationship. If it is not possible to nominate two Geriatrician supervisors, one of the supervisors nominated can be from a different subspecialty with whom the trainee has a working relationship, or be a remote supervisor. The supervisors should preferably hold FRACP and one supervisor must be a Geriatrician during core training. You may nominate your own supervisor, although some sites may allocate supervisors to ensure all trainees have access to a broad range of supervisor expertise. The trainee should submit details of their supervisor to the College during the application process.

As a form of assessment, Advanced Trainees in Geriatric Medicine are required to submit the Mid-Year Progress Report and the more comprehensive Final Supervisor's Report to the STC in Geriatric Medicine each training year. The forms and timing of form submission can be found on the RACP website after login to the Advanced Training portal.

## CURRICULUM

The current version of the **Geriatrics Advanced Training Curriculum** was finalised in 2011 by the Education and Training subcommittee of the Australian and New Zealand Society of Geriatric Medicine (ANZSGM). It is available via the RACP website via this link - [Curricula](#)

In addition to the Geriatrics Curriculum, the RACP [Professional Qualities Curriculum](#) (at bottom of link page) outlines the broad concepts, related learning objectives and the associated theoretical knowledge, clinical skills, attitudes and behaviours required and commonly utilised by all Physicians and Paediatricians within Australia and New Zealand



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regardless of their area of specialty. Advanced Trainees must ensure they are familiar with this document and that their practice meets all requirements outlined in this document as part of their training.

## **EXCERPTS FROM THE GERIATRICS CURRICULUM**

### **Geriatrics Certification of Training**

All Advanced Trainees beginning their Advanced Training from 2011 onwards will participate in the Geriatrics Medicine PREP Advanced Training Program. Details of the current PREP AT requirements can be accessed via [Program Requirements](#) on the RACP AT Website.

Program requirements for 2011 will be transitional and further aspects of the Program will be incorporated into these requirements as full implementation is realised from 2012 onwards. Trainees who commenced training in Geriatric Medicine in 2011 should refer to the Geriatric Medicine Training Requirements, and 2011 Important Dates

An important component of the PREP program is the development of a learning needs analysis. This should be done early each term/year, revised midyear and should be discussed with your supervisor(s).

### **PROJECTS**

Research projects are used as a summative assessment to help trainees show evidence of useful learning experiences in considering and defining clinical problems; the systematic acquisition, synthesis and interpretation of data; and effective written communication.

Advanced training in Geriatric Medicine requires completion of two satisfactory projects. The first project must be submitted and judged satisfactory prior to entry into the final year of training. Trainees in their third year should aim to present their second project to their supervisors at least four months prior to becoming eligible for fellowship and to the STC three months prior to the fellowship round. This is essential to avoid delay in award of FRACP.

Details can be accessed via [Project Guidelines for Trainees](#) (2011)

Projects are marked by the STC within 2 weeks of submission and can be submitted at anytime of the year. For questions or concerns about projects contact speak with your supervisor or a member of the Specialist Training Committee via the ANZSGM website.

It is highly recommended that at least one of your projects is presented at the Annual Scientific Meeting of the ANZSGM (see details below). To present, an abstract needs to be submitted well in advance of the conference. The presentation at the conference is then either a poster or a 15 minute platform presentation with question time.



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## FORMATIVE ASSESSMENT

As part of your PREP Advanced Training, Formative Assessment includes Case Based Discussions and Mini-CEXs throughout your training. The details regarding these assessments, their timing and frequency, and submission are progressively being adapted and should be reviewed at [Geriatrics](#), as well as through the following link [Assessment](#) and through the Advanced Training Portal on the RACP Website.

## ADVANCED TRAINEE EDUCATION

There are many opportunities to attend formal education sessions during your training.

### STATE BASED EDUCATION PROGRAMS

Each state has its own education program as detailed

#### NSW

First Wednesday of each month, from February to November, held at Concord Hospital in the Main Lecture Theatre, Clinical Sciences Building from 1.30-4.30pm. There are between 3-4 talks with afternoon tea provided. Talks include didactic presentations by Geriatricians expert in a field and interesting case presentations on a rota from each hospital.

Co-ordinator of Education program is Dr Bill Thoo of Canterbury Hospital  
wthoo@med.usyd.edu.au or 9787 0000. To be included on the email list for 2010 program please email Dr Thoo.

#### VIC

The Victorian Geriatric Medicine Training Program (VGMP) runs fortnightly Thursday afternoon sessions, from February to December, from 1.30-5.00pm. Location rotates between St George's Hospital, NARI, as well as a handful of other centres across Victoria. There are usually 3 talks, with lunch and afternoon tea provided.

Co-ordinator of VGMP is Dr Benny Katz, and the Education Officer for VGMP is Christine Lloyd of St George's Hospital, 283 Cotham Rd, Kew, VIC 3101. This is where the initial session each year is held. Phone: 9816 0630. Christine.lloyd@svhm.org.au. Christine emails out flyers with maps & parking directions attached. Check out our website and encourage your residents to browse through the tutorials on <http://www.anzsgm.org/vgmp/>

#### QLD

1. Informal ANZSGM dinner meetings are held bimonthly with a dinner talk by a local expert on areas of interest to geriatrics and networking with Consultants
- details available via Dr Robert O'Sullivan ([Robert.OSullivan@health.qld.gov.au](mailto:Robert.OSullivan@health.qld.gov.au))



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2. The Formal Education Program is held at The Prince Charles Hospital on Wednesday afternoons 3:30-5:00PM and video-conferenced to all Advanced Trainees. The 2 year program follows the geriatric AT curriculum. AT's present on a roster basis with supervision/input from Clinical Training Co-ordinator Dr Shaun Pandy, The Prince Charles Hospital, (07) 3139 4000
  - a. The Qld AT MEO is Margaret Morton ([Margaret.Morton@health.qld.gov.au](mailto:Margaret.Morton@health.qld.gov.au) or via 07 3139 4000) based at TPCH
- For more details and to be included in the video-conferences / emails or to receive a program, please email Dr Shaun Pandy on [Shaun.Pandy@health.qld.gov.au](mailto:Shaun.Pandy@health.qld.gov.au)

## SA

Advanced Trainee tutorials occur once or twice every month at the Royal College of Physicians, Palmer Place, North Adelaide. The format is such that a nominated trainee presents a topic with a consultant as chair. Trainees are expected to contact the consultant 2-4 weeks prior to their presentation for guidance. There is general discussion on the topic after the presentation. The presenting trainee is encouraged to provide handouts.

The program is co-ordinated by the State representative and a program will be distributed in February after the first quarterly state ANZSGM meeting. The State representative for 2011-12 is Katherine Flynn is state the representative for 2011. Her email is address [Katherine.Flynn@health.sa.gov.au](mailto:Katherine.Flynn@health.sa.gov.au)

## WA

All trainees attend the Inter-hospital Clinical Geriatric Meetings at 5pm, in the Roma Miles Room at SCGH with speakers and topics rotating through all WA training sites. Formal Advanced Trainee teaching sessions are held, last Monday of the month from 3:30 – 5:00pm. The content is based upon the Geriatric trainee curriculum and runs on a two year cycle. Speakers are usually expert Geriatricians or specialists in their field and clinical discussion is encouraged.

The program is organised by trainees and the co-ordinator for 2011/2012 is Kevin Kwan who can be contacted at [kevin.kwan@health.wa.gov.au](mailto:kevin.kwan@health.wa.gov.au) with administrative support from Marie Lamb on [marie.lamb@uwa.edu.au](mailto:marie.lamb@uwa.edu.au)

## New Zealand Trainees

The majority of New Zealand trainees are dual training, most often in Geriatrics and General Medicine. Core Training all in one centre is not permitted – this ensures a diverse experience and encourages exposure to both rural and tertiary hospitals. All programmes are prospectively assessed individually so that adequate training has been completed by the time you reach fellowship. You will be strongly encouraged to choose a mentor to help you through training, project and plans for the future. The mentor does not have any influence on the assessment of the trainee.



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## Deadlines

It is strongly recommended that you regularly review the program requirements regarding important deadlines and further information about PREP training via [Program Requirements](#)

## Dates for Submission

- **15 July** Mid Year Progress Report must be received at the College.  
- Final Supervisor's Report for first half of year due if training in multiple sites and/or with different supervisors
- **15 September** Projects due for all second and third year trainees
- **15 October** Final Supervisor's Report due for **final-year** trainees
- **November** Specialty Training Committee in Geriatric Medicine meet to discuss training
- **31 January** Final Supervisor's Reports due for 1<sup>st</sup> and 2<sup>nd</sup> year trainees

## Important People to know about:

Lynda Donaldson ([admin@anzsgm.org](mailto:admin@anzsgm.org)), Administration Officer for ANZSGM, 145 Macquarie St, Sydney, NSW 2000, 02 9256 5460.

### FINANCE AND ADMINISTRATION COMMITTEE 2010-2011

Chair: A/PROF CRAIG WHITEHEAD  
Dept of Rehab & Aged Care  
Repatriation Hospital  
Daws Road  
DAW PARK REPAT HOSPITAL SA 5041  
Phone: 08 8275 1103  
Fax: 08 8275 1130  
[Craig.Whitehead@rgh.sa.gov.au](mailto:Craig.Whitehead@rgh.sa.gov.au)

### POLICY AND PLANNING COMMITTEE 2010-2011

Chair: DR EDWARD STRIVENS  
Aged Care Health Service  
Cairns Base Hospital  
PO Box 902  
CAIRNS QLD 4870  
Phone: (07) 050 6446

### GMET (EDUCATION AND TRAINING) COMMITTEE 2010-2011

Chair: DR ELIZABETH WHITING  
Geriatric Medicine & Rehabilitation

The Prince Charles Hospital  
Rode Road  
CHERMSIDE QLD 4102  
Phone: 07 3350 8111  
Fax: 07 3350 8923  
[Elizabeth\\_Whiting@health.qld.gov.au](mailto:Elizabeth_Whiting@health.qld.gov.au)

### CLINICAL ISSUES COMMITTEE 2010-2011

Chair: DR GLENISE BERRY  
C/- GARU  
Princess Alexandra Hospital  
Ipswich Rd  
WOOLLOONGABBA QLD 4102  
[Glenise\\_Berry@health.qld.gov.au](mailto:Glenise_Berry@health.qld.gov.au)

### SCIENTIFIC AND RESEARCH COMMITTEE 2010- 2011

Chair: ASSOC/PROF VASI NAGANATHAN  
Centre for Ageing & Research on Ageing (CERA)  
Concord Hospital - Building C18  
CONCORD NSW 2139  
[vasin@med.usyd.edu.au](mailto:vasin@med.usyd.edu.au)

### INFORMATION MANAGEMENT COMMITTEE 2010-2011

Chair: DR JOHN MADDISON  
Dept of Geriatric Medicine, mail delivery pt 49  
Royal Adelaide Hospital  
North Terrace  
ADELAIDE SA 5000  
[John.Maddison@health.sa.gov.au](mailto:John.Maddison@health.sa.gov.au)



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**Please consult the ANZSGM website for updated Committee Chairs in 2012**

#### **USEFUL LINKS**

- [Australian & New Zealand Society for Geriatric Medicine](#)
- [Trainee Support](#)
- [Trainees' Cafe](#)
- [RACP Lecture Series](#)
- [RACP: Other Conferences & Events](#)
- [RACP: Continuing Education Workshops](#)
- [MyResources Gateway](#)

#### **ADVANCED TRAINEE EDUCATION WEEKENDS**

There are 2 advanced trainee education weekends held annually in autumn and spring. They generally start on Saturday morning, with lectures by local experts on geriatric topics and professional development during the day, with lunch included. Saturday night there is a dinner and on Sunday morning further lectures, concluding with lunch. They are a great opportunity to meet interstate trainees and learn from expert Geriatricians.

The most recent **Spring Advanced Trainee Educational Weekend** was on 22nd and 23rd October 2011 at the ROYAL ADELAIDE HOSPITAL and was attended by 25 Advanced Trainees

The 2012 Autumn AT Weekend will be incorporated into the ASM in Sydney – see link below

## **ANNUAL SCIENTIFIC MEETING OF ANZSGM**

In 2012 this meeting will be held 2-4 May at the Hilton Hotel, 488 George Street, Sydney, Australia. The theme for 2012 is "Dementia: Managing not to Forget"

This meeting is an excellent opportunity to meet interstate trainees and Geriatricians and to present your project and attendance is highly recommended. Register now!!!!

*For more information including registration see <http://www.anzsgm2012sydney.org.au/>*