



2012 IANA International Academy on Nutrition and Aging
Improving and Maintaining Functions with Aging
Hotel Albuquerque at Old Town ♦ Albuquerque, New Mexico, USA
July 12 & 13, 2012

PRELIMINARY PROGRAM

Improving and Maintaining Functions (Physical and Cognitive with Aging) and I.A.G.G. / W.H.O. / I.A.N.A. Initiative, July 12

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| 7:30 – 8:30 am | Breakfast and Poster Session |
| 8:30 – 9:00 am | Welcome
Philip Garry, PhD, (Albuquerque, USA), Dennis Villareal, (Albuquerque, USA), Bruno Vellas, MD, IAGG President, (Toulouse, France); W.Cameron Chumlea (Dayton, USA) |
| 9:00 - 10:30 am | Symposium 1 <ul style="list-style-type: none">• Maintaining Function with Aging : Actions from the NIA. <i>L Ferucci (Baltimore, USA)</i>• Maintaining Function with Aging: Actions from the EU Initiative. <i>A. Franco (Nice, France)</i>• Maintaining Function in Obese Older Adults. <i>D. Gustafon (Sweden)</i>• Maintaining Function, Nutrition and Body Composition. <i>S. Studenski (Pittsburg, USA)</i> |
| 10:30 - 11:00 am | Coffee Break and Poster Session |
| 11:00 am -12:30 pm | Oral Communications |
| 12:30 - 13:30 pm | Lunch and Poster Session |
| 1:30 - 3:00 pm | Symposium 2 <ul style="list-style-type: none">• Maintaining Cognitive Function and Preventing Dementia, Lessons from the MAPT Trial. <i>B. Vellas (Toulouse, France)</i>• Maintaining Physical Performance, Lessons from the Life Trial. <i>M Pahor (Gainesville, USA)</i>• What we have Learned from the Fells Longitudinal Study. <i>W.C Chumlea, (Dayton, USA)</i> |
| 3:00 - 3:30 pm | Coffee Break and Poster Session |

3:30 - 5:00 pm **Oral Communications**

Nutrition and Alzheimer, July 13

7:30 - 8:30 am **Coffee Break and Poster Session**

8:30 - 10:00 am **Symposium 3**

- Which Nutrients Improve Cognition. *J. Morley (Saint Louis, USA)*
- Additive Effects of Physical Exercise and Diet in Obese Older Adults. *D. Villareal (Albuquerque, USA)*
- Acceptance of Older Adults into a Multi-domain Intervention. *S Andrieu (Toulouse, France)*

10:00 – 10:30 am **Coffee Break and Poster Session**

10:30 am -12:00 pm **Oral Communications**

12:00 -1:00 pm **Lunch and Poster Session**

1:00 - 2:30 pm **Symposium 4: Intervention Studies and New Results**

- MNA Score for Optimal Physical and Cognitive Performances. *Y Guigoz (Switzerland)*
- Biomarkers, Tools to Measure Functioning with Aging. *T. Harris (Bethesda, USA)*
- Imaging Measurement and Maintaining Function with Aging

2:30 -3:00 pm **Coffee Break and Poster Session**

3:00 - 4:30 pm **Oral Communications**