



## **WELCOME PACK** **FOR ADVANCED TRAINEES IN GERIATRIC MEDICINE**

*2016 Edition*

Dear Trainees

This 'Welcome Pack' is designed for Advanced Trainees commencing or continuing training in Geriatric Medicine into 2016 and beyond, containing essential information you need to complete your training! You will have to prospectively apply for advanced training in geriatric medicine with the Royal Australasian College of Physicians (RACP). You are also strongly encouraged to apply for membership to the Australian and New Zealand Society for Geriatric Medicine (ANZSGM). For applications forms see the ANZSGM website.

[www.anzsgm.org](http://www.anzsgm.org)

### **Advantages of joining the ANZSGM**

Being a member of ANZSGM confers many benefits including opportunities for involvement in your professional association, access to the collegiality and professional development opportunities essential to your future geriatric medicine practice, and access to significant resources that enhance your training and future practice. The society is active in lobbying for improvement and innovation in aged care medical services and professional needs of geriatricians.

The Society provides:

- Ongoing support to achieve professional competencies
- Advocacy on behalf of its members
- Supervision in the training of specialists in geriatric medicine
- Ongoing learning opportunities as a consultant geriatrician
- Opportunities to become involved in leadership roles within the society and as a representative of the Society
- Opportunities to become an Advanced Trainee representative on any of the various committees.
- Representation by the Society at Government planning and policy meetings
- Support and promotes research in all aspects of ageing - service development, clinical practice and basic science



## **Benefits of joining:**

### **Email alerts:**

You will regularly receive notices of employment opportunities, national and international conferences, local seminars, professional courses, and information regarding State division meetings, events, awards, prizes and Fellowships that become available.

### **Quarterly Newsletter:**

Our newsletter publishes a wide range of information of significance to Geriatric Medicine and aged care. It also provides an opportunity for members to contribute articles regarding their work, research, emerging issues and development relevant to their regional perspective. Included in the newsletter are information regarding other publications; updates on Position Statement and employment; Division reports and meetings; AT news and more.

### **ANZSGM website:**

ANZSGM has a comprehensive website. The public pages provide a wealth of information including internationally recognized Position Statements endorsed by the society; extensive information for Advanced Trainees; employment opportunities; conferences and seminars.

The website provides a valuable link to other national and international professional societies, research papers and educational institutions. The Members-Only pages allow access to the Society's Annual General Meeting reports; Division reports; Annual Scientific Meeting presentations; Advanced training guidelines and educational meetings; quarterly newsletter; and member directory. New content and updates are regularly added to the Society's website.

### **ANZSGM Annual Scientific Meeting:**

The ASM location rotates around Australia and New Zealand. It is an opportunity to hear local medical and research professionals and international keynote speakers in Geriatric Medicine and interdisciplinary medical specialties. There are plenary sessions, oral and poster presentations. The ASM provides a relaxed but professional environment for introductions to peers and colleagues. Presentation of Advanced Trainee Projects at the ASM is strongly encouraged. The ASM also provides invaluable networking opportunities for trainees.

June 1-3, 2016 – Cairns – The AGEnder Paradox  
<http://www.anzsgmconference.org/>

### **Australasian Journal of Ageing (AJA):**

Your ANZSGM membership includes the quarterly membership to the Australasian Journal on Ageing to which ANZSGM is a regular contributor.

### **AAG Webinars**



ANZSGM members have free access to the Australian Association of Gerontology webinar programme. The webinars are a wonderful educational tool. You will receive invitations and registration details for these via email.

### **Trainee Webinar Programme**

The ANZSGM Advanced Trainee Committee has established a webinar programme for trainees with its first webinar in late 2015. This will provide an excellent educational resource for trainees in Australia and New Zealand. The Committee will keep trainees updated of upcoming webinars.

### **Awards and Advanced Training assistance:**

ANZSGM members are eligible to apply for awards administered by the Society and Advanced Trainees are eligible to apply for assistance towards selected AT professional learning events. Advanced Training Scholarships are also available.

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**To join** you need to fill out the following form via the link: [ANZSGM application form](#)

To join, you need to be 'proposed' by a current full financial member of the ANZSGM. All your supervisors are members. Once you have joined the society and have paid the annual subscription you will be issued with a username and password for full access to the website.

For further details about joining contact Ms. Lynda Donaldson, Administration Officer for ANZSGM, Ph: (02) 9256 5460. Email: [admin@anzsgm.org](mailto:admin@anzsgm.org)

Good luck with your training and future professional development. Please consider membership of the ANZSGM and involvement in the many [ANZSGM Committees](#) which encourage Advanced Trainees representation.

Regards

Nicholas Mills  
[nicholas.s.mills@gmail.com](mailto:nicholas.s.mills@gmail.com)

Christine Mandrawa  
[c.mandrawa@gmail.com](mailto:c.mandrawa@gmail.com)

Advanced Trainee Representatives to ANZSGM Federal Council 2015-2016



## **OVERVIEW OF GERIATRIC MEDICINE TRAINING**

Advanced training in Geriatric Medicine is a 36 month program, comprising of a minimum of 24 months core training and a maximum of 12 months non-core training. However, dual training can be undertaken and it is important that the individual trainee ensures they meet the requirements of each program.

For details on the RACP's current requirements for these 36 months see the Geriatric Medicine Advanced Training page at <http://handbooks.racp.edu.au/#/geriatric-medicine/2015/glance/0>

- Further generic Advanced Training details can be found at [www.racp.edu.au/trainees/advanced-training](http://www.racp.edu.au/trainees/advanced-training)

For further questions for Australian trainees please contact the Education Officer to the ATC in Geriatric Medicine:

- **Australia:** Phone: - +61 (2) 8247 6214 [geriatrics@racp.edu.au](mailto:geriatrics@racp.edu.au)

For further questions for New Zealand trainees please contact the Education Officer to the NZATS in Geriatric Medicine:

- **New Zealand:** Phone: - +64 (4) 472 6713 [geriatrics@racp.org.nz](mailto:geriatrics@racp.org.nz)

Advanced Trainee Representative on the ATC:

### **Australia**

Advanced Training Committee in Geriatric Medicine

Dr Shivlal David

Advanced Trainee Representative on the NZATS:

### **New Zealand**

New Zealand Advanced Training Subcommittee in Geriatric Medicine

Dr Julie Kumar

## **CURRICULUM**



The current version of the [Geriatric Medicine Advanced Training Curriculum](#) was finalised in 2011 by the Education and Training subcommittee of the Australian and New Zealand Society of Geriatric Medicine (ANZSGM).

In addition to the Geriatric Medicine Curriculum, the RACP [Professional Qualities Curriculum](#) outlines the broad concepts, related learning objectives and the associated theoretical knowledge, clinical skills, attitudes and behaviours required and commonly utilised by all Adult Physicians and Paediatricians within Australia and New Zealand regardless of their area of specialty. Advanced Trainees must ensure they are familiar with this document and that their practice meets all requirements outlined in this document as part of their training.

## **PROGRAM REQUIREMENTS**

For further information regarding the program requirements, please ensure you refer to the [PREP program requirements handbook for Geriatric Medicine](#).

## **ADVANCED TRAINEE EDUCATION**

There are many opportunities to attend formal education sessions during your training.

### **STATE BASED EDUCATION PROGRAMS**

Each state has its own education program as detailed.

#### **NSW**

Geriatric Medicine Advanced Trainee Lectures take place on the first Wednesday of every month except for January. They are held at Concord Hospital in the Medical Education Centre Auditorium from 1:30 – 4:30pm.

Three talks are held each session with an emphasis on the Geriatric Medicine trainee curriculum and emerging topics from key Geriatric Medicine journals. The first session of the year traditionally is held with the Geriatric Medicine Specialist Training Committee and college input to discuss the criteria for Advanced training and the use of the college website.

All advanced trainees are encouraged to present their projects at the national ANZSGM Annual Scientific Meeting. In the month prior to the ASM, NSW trainees are given the opportunity to present their project during the education session. The Prof Tony Broe Award is given for the best presentation. The prize would normally cover registration for the Annual Scientific Meeting. A joint training session is held in October with the Orthopaedic Surgical Trainees in collaboration with the Australian Orthopaedic Association.

The co-ordinator of the education program is Dr Ming Loh (Westmead Hospital), assisted by the two state AT representatives To be included in the email notification list or to make any enquiries, please contact Dr. Loh at [NSWgeriatricATlectures@gmail.com](mailto:NSWgeriatricATlectures@gmail.com).



NSW state representative for 2015:

Dr Tasneem Mayat [tmayat@gmail.com](mailto:tmayat@gmail.com)  
Dr Virginia Painter [v.painter@gmail.com](mailto:v.painter@gmail.com)

## VIC

The Victorian Geriatric Medicine Training Program (VGMP) runs fortnightly Thursday afternoon sessions, from February to December, from 2.00-5.00pm (22 sessions per year which run over two years so trainees should get teaching on most topics through their two years of core training). This is protected teaching time and all trainees are expected to attend. The location rotates between St George's Hospital in Kew and other health services across Victoria. There are usually 2-3 presentations based on topics from the Geriatric medicine curriculum with lunch and afternoon tea provided.

The program director of VGMP is A/Prof Benny Katz, and Manager and Education Officer for VGMP is Christine Lloyd, based at St George's Hospital (283 Cotham Rd, Kew, VIC 3101 phone: (03) 9816 0630, email: Christine.Lloyd@svha.org.au). This is where the initial session each year is held.

Trainees and residents are encouraged to familiarise themselves with VGMP education modules located on [www.anzsgm.org/vgmtp/](http://www.anzsgm.org/vgmtp/)

Individual training networks may also run some additional training sessions for their trainees.

Trainees are also encouraged to attend the monthly ANZSGM Vic meeting held at St George's Hospital from 5:30-7:00pm on the third Thursday evening of every month. It starts off with 2 final-year trainees presenting their research projects, then an invited speaker presents on a topic of interest relevant to Geriatric Medicine.

VIC state representatives for 2016:

Dr Louise Monk [louisemonk@hotmail.com](mailto:louisemonk@hotmail.com)  
Dr Rajni Joseph [rajni\\_j@outlook.com](mailto:rajni_j@outlook.com)

## QLD

The State-wide Education Program is held weekly on Wednesday afternoons between 3.30pm and 5pm via video-conference to all the hospitals accredited for Geriatric Medicine advanced training. The two year program follows the geriatric medicine advanced training curriculum. Trainees present in a monthly forum on a roster basis with input from Clinical Training Co-ordinators – Dr Shaun Pandy ([Shaun.Pandy@health.qld.gov.au](mailto:Shaun.Pandy@health.qld.gov.au) or (07) 3139 4000) & Dr Lucy Dakin ([Lucy.Dakin@health.qld.gov.au](mailto:Lucy.Dakin@health.qld.gov.au) or (07) 3810 1111).

The education programme is interactive and trainees are encouraged to be proactive in these sessions. Feedback is obtained at the end of each session. This program is now open to trainees from Tasmania. Annual best case presentations and end of year quiz (in geriatric medicine) are usually planned for the month of December. The teaching sessions are facilitated by the Medical Education Officer (MEO) Ms Margaret Morton ([Margaret.Morton@health.qld.gov.au](mailto:Margaret.Morton@health.qld.gov.au) or (07) 3139 6881). Educational programs including journal club sessions and seminars are also run by individual units.



ANZSGM QLD divisional meetings are held quarterly with a talk by a local/national or international expert on areas of interest to Geriatric Medicine. Please contact the Secretary of the QLD division – Dr Chrys Pulle - [ChrysRanjeev.Pulle@health.qld.gov.au](mailto:ChrysRanjeev.Pulle@health.qld.gov.au) for further details.

QLD state representative for 2015:

Dr Sreenath Bukkapatnam [sreenath.bukkapatnam@health.qld.gov.au](mailto:sreenath.bukkapatnam@health.qld.gov.au)

## **SA**

Advanced Trainee tutorials occur monthly on a Thursday afternoon at the Royal College of Physicians, Melbourne Street, North Adelaide. These two hours teaching sessions are in line with the geriatric medicine curriculum and were designed to help trainees improve their clinical approach and skills at work. The format is such that a nominated trainee presents a topic in the form of a power-point presentation with a consultant as chair, followed by a workshop, where an invited guest speaker gives a talk on a specific area of interest, such as wound care management, eye problems, cardiac conditions etc. among the elderly.

Trainees are expected to contact the consultant approximately 3 weeks prior to their presentation for guidance. There is general discussion on the topic after the presentation. The presenting trainee is encouraged to provide handouts/references.

The program is co-ordinated by the State representative and a program will be distributed in February after the first quarterly state ANZSGM meeting.

SA state representatives for 2016:

Dr Vincent Siaw [vincent.siaw@health.sa.gov.au](mailto:vincent.siaw@health.sa.gov.au)

Dr Angeline Khoo [angeline.khoo@health.sa.gov.au](mailto:angeline.khoo@health.sa.gov.au)

## **WA**

All trainees attend the Inter-hospital Clinical Geriatric Meetings held on Mondays at 5pm, in the Roma Miles Room at SCGH with speakers and topics rotating through all WA training sites. Formal Advanced Trainee teaching sessions are held fortnightly on Monday from 4pm-5pm. The content is based upon the Geriatric trainee curriculum and runs on a two year cycle. Speakers are usually expert Geriatricians or specialists in their field and clinical discussion is encouraged. Bunbury Hospital, Osborne Park Hospital and Swan Districts Hospital may videoconference in.

Trainees are encouraged to present their projects at the ANZSGM Annual Scientific Meeting held annually in May, or the WA branch of the ANZSGM ASM held annually in August.

Dr Nisha Antony ([nisha\\_antony@hotmail.com](mailto:nisha_antony@hotmail.com)) will be co-ordinating the Education sessions.

WA state representatives for 2015:

Dr Sarah Bernard [sarah.bernard@health.wa.gov.au](mailto:sarah.bernard@health.wa.gov.au)



Dr Nisha Antony [nisha\\_antony@hotmail.com](mailto:nisha_antony@hotmail.com)

## TAS

Geriatric advanced training in Tasmania is coordinated through the Royal Hobart Hospital. Weekly education sessions are held on each Thursday afternoon chaired by Dr. Frank Nicklason, Director Geriatric training programme at Royal Hobart Hospital. Monthly coordinated sessions on every first Friday of the month will commence via teleconference between Royal Hobart Hospital and Launceston General Hospital in 2015. All topics in the Geriatrics AT curriculum are covered in these sessions. Advanced training teaching sessions are conducted every Wednesday afternoon from 4-6 pm in the Janine Bannon hall in the Rehabilitation ward chaired by A/Prof Dr. George Razayat the Launceston General Hospital. Advanced Trainee weekends are held twice a year at either one of these hospitals, for research paper presentations, and trainee of the year and mentor of the year awards in conjunction with General Medicine advanced training chaired by Dr. Nicole Hancock, Director of Medicine, Royal Hobart Hospital.

TAS state Representative for 2015:

Dr Krishnakumar Kalpurath [kalpurath@gmail.com](mailto:kalpurath@gmail.com)

## NZ

The majority of New Zealand trainees are dual trainees, most often in Geriatric Medicine and General Medicine. While trainees are able to complete their entire Core training in some centres, it is strongly recommended that trainees rotate through more than one centre. This fulfils a diverse experience and encourages exposure to rural, remote and metropolitan hospitals. For a list of accredited centres, see the following website – [www.anzsgm.org/trainees/nz.asp](http://www.anzsgm.org/trainees/nz.asp)

Current curriculum-based training programmes are run in Auckland and Wellington. They have also been previously run out of Christchurch when numbers have allowed. Wellington hold a monthly teaching session alternating at Hutt and Kenepuru. Auckland hold a monthly teaching session from 5-7pm following the regional Journal Club (2-5pm) at Selwyn Village, Pt Chevalier. An online journal club has been set up for Advanced Trainees in 2015. Please contact the reps for more details.

NZ representatives for 2016:

Dr Julie Kumar (Auckland) [doctorfudd@gmail.com](mailto:doctorfudd@gmail.com)  
Dr Brendan Ng (Wellington) [brendanng@gmail.com](mailto:brendanng@gmail.com)

## USEFUL LINKS

- [Australian & New Zealand Society for Geriatric Medicine](#)
- [RACP Trainee Support](#)
- [Trainee Lecture Series](#)
- [RACP: Other Conferences & Events](#)
- [RACP: Continuing Education Workshops](#)



## **ADVANCED TRAINEE EDUCATION WEEKEND**

An advanced trainee education weekend usually runs in conjunction with the ANZSGM Annual Scientific Meeting (ASM), and is conducted over 2 days either before or after the conference. It consists of lectures by local experts on geriatric topics and professional development during the day, as well as a social program in the evening to mingle with interstate trainees and compare/contrast training experiences.

The next Advanced Trainee weekend will occur in Cairns in conjunction with the ANZSGM ASM

***PLEASE KEEP AN EYE ON THE ANZSGM WEBSITE, YOUR MEMBER EMAILS AND THE NEWSLETTER FOR DETAILS OF THE UPCOMING AT WEEKENDS AND THE ANNUAL SCIENTIFIC MEETING DETAILS AS WELL AS OTHER INTERNATIONAL GERIATRIC MEDICINE AND ASSOCIATED CONFERENCES***